

Due to periodic disconnects during today's session, the first part of the "Board" was not successfully saved, but here is most of it.

carmen-cameron: **I was just cut off PalTalk 2**

Sunysmile: I was surprised by what showed up - had no idea when i started what all would show up

Sunysmile: yes

carmen-cameron: **had great difficulty coming back on**

dovpeace: yes

Sunysmile: hear you

sweedreamz: **we can hear you Doug**

ybrezee324: **yes Doug**

sweedreamz: **LOL!!!**

ybrezee324: **T 1 B 37 P**

carmen-cameron: **lol**

Sunysmile: i haven't seen her leave

carmen-cameron: **Deb?**

Sunysmile: there she goes

Sunysmile: 

carmen-cameron: **people as objects**

shree D: **back! I was booted from Pal talk.**

carmen-cameron: **me 2, Deb**

OmSan1320: me 3

dagoo76: **q**

Doug Thompson: **starting now at 37q**

Doug Thompson: **I read 37p**

carmen-cameron: **what is the underlying mechanism that must be uprooted?**

carmen-cameron: **using others to fill our needs?**

carmen-cameron: **perceived needs, anyway?**

shree D: **trauma comes to mind**

shree D: **beliefs**

carmen-cameron: **fear of real joining???**

shree D: **the block**

ybrezee324: 

Doug Thompson: **Indiscriminate sexual impulses resemble indiscriminate miracle impulses in that both result in body image misperceptions.**

WALTER7: **no entiendo**

Sunysmile: yes

Sunysmile: **motive - outcome**

carmen-cameron: **"what can I get?" not "what can I GIVE?"**

carmen-cameron: **love asks for nothing**

Sunysmile: yes

Sunysmile: **can he make me.... give me**

Sunysmile: yes

carmen-cameron: **I think that's the faulty belief/mechanism that needs uprooting - ty!**



shree D: **Lee!**

shree D: <http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/OD%201-8%20load.htm> **T 1 B 37q**

Sunysmile: answers the question - what are brothers for?

heavensong1234: *hi! i FINALLY remembered*

heavensong1234: *this is my favorite hour in here*

shree D: **YAY YOU!!**



heavensong1234:

shree D: **GuideWithin!**

ybrezee324: **welcome Lee**

GuideWithin: Hi

heavensong1234: *tyvm*

carmen-cameron: **that's HUGE, Doug, TY!!!**

carmen-cameron: **lol**

dagoo76: **Love is optimal when shared**

Alert: =====SECURITY BULLETIN!=====

Using utilities from third parties such as button holders, remote typers, etc ... are at risk of having their passwords stolen!

Many of these utilities contain trojans that report your nickname and password to the program's creator. We encourage everyone to change their password regularly, and to uncheck the save password checkbox on the login screen.

If you do this, you will have to enter your password every time you log in, but it is a small price to pay to keep your account and password protected.

carmen-cameron: **love's one need is to be extended**



Sunysmile:

carmen-cameron: **it was GREAT**

Sunysmile: **yes**

carmen-cameron: **shallow roots = superficial relationships - cannot sustain us**

Sunysmile: **no one can love me enough - so to speak**

dovpeace: **GOLDEN RULE RULES**

Sunysmile: **to experience love directly and share it**

shree D: **vomiting, fainting, headaches, etc etc**

carmen-cameron: **relationships change once we start seeing their purpose differently**

Sunysmile: **one is shallow - and as long as I appear successful in extorting my needs from a brother - I will experience loss for it is unstable**

Sunysmile: **and experience disappointment**



heavensong1234: *hiya cam*

Doug Thompson:

<http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/OD%201-8%20load.htm> **T 1 B 37s**

carmen-cameron: **rigidity is a trait of those off the mark because their foundation is weak and they know it and so they are defensive**

Sunysmile: **yes**

heavensong1234: *are you in chapter one?*

shree D: **yes Lee**

heavensong1234: *i can't find it*

heavensong1234: *k*

heavensong1234: *ty*

shree D: <http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/OD%201-8%20load.htm> **T 1 B 37t**

Sunysmile: **yes**

shree D: **starting at 37t**

heavensong1234: *i see no 37 on the left*

carmen-cameron: **Not Helen Cohn?**

heavensong1234: *it goes from 25 to 40*

shree D: **lemelook**

heavensong1234: *right on Jesus is speaking to her thoughts*

shree D: **click on 24 e**

shree D: **it brings up the whole section**

carmen-cameron: **Jesus says he's still affected by the pain we cause ourselves**

heavensong1234: *ty*

heavensong1234: *to it*

shree D: **I didn't realize it was sectioned that way Lee. thanks, I do now**

shree D: **Pink heh heh**

carmen-cameron: **lol**

shree D: **easy to see.**

carmen-cameron: **I think that's an important fact**

carmen-cameron: **we're all going home together = he's not all the way home either**

heavensong1234: *sure no prob i am happy to be here*

heavensong1234: *yes and then find my way*

shree D: **it is WAY important Carmen. yes.**

heavensong1234: *geeze doug you give me credit for being a lot more smart than i actually am*

heavensong1234: *lol*

ybrezee324:  **Carmen**

Doug Thompson: **YES!!!!!!!!!!!!!!!!!!!!!!**

shree D: **yes!! great!**

shree D: **right on Carmen**

sweedreamz: ***That is absolutely not a kind or gentle way of dealing with pain***

Azrael 08: *ty carmen* 

GuideWithin: nobody knows the trouble I've seen...nobody knows but Jesus

ybrezee324: 

GuideWithin: He also wept for the people as he looked over the city...

heavensong1234: *weeps at teh idea that the whole shebang still has us by the suffering b@lls*

ybrezee324: **together**

shree D: **and Jesus waits for us.**

heavensong1234: *all together or not at all ~ ACIM*

sweedreamz: ***hand up doug***

shree D: **yes, I see you Lynn**

sweedreamz: **ok**

shree D: **patience :)**

sweedreamz: ***I know - I know paltalk has been wierd***

shree D: **I watch for hands**

shree D: **ok.**

shree D: **it tis**

ybrezee324:  **Lyn**

sweedreamz: **no**

shree D: **y**

Doug Thompson: **y**

ybrezee324: **y**

carmen-cameron: **y**

dagoo76: **yepper**

DEO is here: **yes**

carmen-cameron: **false empathy**

DEO is here: **Teddy taught this today too....listen to our brother and uphold him**

shree D: **wb dov!**

carmen-cameron: **call forth their strength instead (and see our own in the process)**



Sunysmile:

shree D: <http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/OD%201-8%20load.htm> ctrl T 1 B 37t

ybrezee324: **Where 2 or 3 are gathered in His name**

carmen-cameron: **thank you!!!**

DEO is here: **Join with them**

dagoo76: **ty lyn**

ybrezee324: **extend**

heavensong1234: *ask*

Sunysmile: why not ask 1st  he says its more beneficial for all

ybrezee324: **yes**

Sunysmile: well said - no pat answer

Happy Learner: YES

carmen-cameron: **help the dying kitten**

Happy Learner: Nice Lyn & Doug

Happy Learner: there is no pat answer

Happy Learner: which the ego always knows the pat answer

Happy Learner: the last time this happened...i did this.. living in the past

Happy Learner: and i will do the same thing again...

Happy Learner: still living in the past

ybrezee324: **at the appropriate time**

Happy Learner: cuz i made a deal with the ego

ybrezee324: **the answer will be given**

Sunysmile: a sufficient amount of pain/fear must be dealt with 1st - or the truth will appear more fearful

heavensong1234: *no every body represents a soul*

Sunysmile: the the experience of pain

heavensong1234: *that is behind and animating it*

carmen-cameron: **"you are just an illusion" is a common ACIM "curse"**

heavensong1234: *wow i have never heard anyone talk in this manner*

heavensong1234: *must be happening in gather*

carmen-cameron: **I have**

heavensong1234: *lol*

carmen-cameron: **too literal for Helen's understanding**

carmen-cameron: **this all makes perfect sense to the psychologist in our study group**

Sunysmile: lol yup

heavensong1234: *doesn't make it valid*

Sunysmile: and the resulting experience of upsetness

sweedreamz: **this is a proven in Statistical Process Control**

heavensong1234: *lol*

Sunysmile: didn't know what they were measure - and no longer knew why they were measuring for

sweedreamz: **do the same thing over and over and get consistent results - making the same bad product over and over**

SirSmokeALottt: **makes sence**

SirSmokeALottt: **im still here**

Sunysmile: doug do you have an example

heavensong1234: *wow wee very significant*

heavensong1234: *using "jack's language" for better understanding*

Sunysmile: wb doug

Doug Thompson: **ty**

shree D: **SirSmokeALottt!**

heavensong1234: *teddy picked up on it*
heavensong1234: *he is using "valid" as a scientific form*

ybrezee324: **personal note**

SirSmokeALottt: **problmatic**

Sunysmile: **ah clear**

SirSmokeALottt: **no**

SirSmokeALottt: **itsd respect**

SirSmokeALottt: **or not**

SirSmokeALottt: **same thing**

Sunysmile: 

SirSmokeALottt: **hey you ur self are not that smart hey**

SirSmokeALottt: **im just here to tell u ur not THAT smart as u think u are ok**

MyOtherProfile: **(lisa here listening in without mic)**

SirSmokeALottt: **ok my job done**

SirSmokeALottt: **hell.....im waiting**

Sunysmile: **use motivation**

Doug Thompson: **Hi Lisa!**

MyOtherProfile: **hi doug** 

MyOtherProfile: **(today is our one year wedding anniversary...so I just popped in)**

shree D: **is that you Tom?**

Sunysmile: **hi congrats** 

SirSmokeALottt: **i got a Q.....**

MyOtherProfile: **ty cam!**

MyOtherProfile: **(lisa)**

SirSmokeALottt: **u all belive in god?**

ybrezee324: **gender confusion**

SirSmokeALottt: **jesus**

shree D: <http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/OD%201-8%20load.htm> **ctrl T 1 B 37aa**

Sunysmile: **like dealing with parts - dismissing/rejecting other parts**

Sunysmile: **and loving some parts**

MyOtherProfile: **to see the parts is not to see the whole**

SirSmokeALottt: **shree D:**

<http://www.miraclesinactionpress.com/dthomp74/2009/HTML%20Versions/OD/O D%201-8%20load.htm> **ctrl T 1 B 37aa**

SirSmokeALottt: **i missed that**

carmen-cameron: **mind = soul?**

heavensong1234: *this is wonderful could listen for hours*

shree D: **yes, that is a curious one Carmen**

carmen-cameron: **me 2** 

shree D: **me3 guys**

shree D: 

SirSmokeALottt: **ffs god is testing me...i pray -----ehrn i go lay r**

heavensong1234: *mind animates Soul*

heavensong1234: *we are joined by mind*

shree D: **mind and sould**

shree D: **soul**

SirSmokeALottt: **i pray...when i try to sleep....about ...forgivness**

SirSmokeALottt: **and everything 2 be better**

shree D: **nice Sir!**

SirSmokeALottt: **i do belive me**

Sunysmile: **piece meal - distortion - error - illusion**

SirSmokeALottt: **and i cry**

SirSmokeALottt: **all just get worse**

Doug Thompson: **no**

heavensong1234: *no mnd and soul*

heavensong1234: *souls are joined thru shared mind*

shree D: **Lees comment**

heavensong1234: *alright remember what i wrote when you go and check*

heavensong1234: *listen we are all joined in mind*

heavensong1234: *here in the world*

heavensong1234: *it is the same in heaven*

heavensong1234: *souls share the mind of God*

heavensong1234: *it is not an error*

heavensong1234: *read it from a different angle*

SirSmokeALottt: **i do belive thatmmbut i got no soul**

Doug Thompson: **yes it does** 😊

heavensong1234: *i am telling you i appreciate this SO much*

SirSmokeALottt: **i lost it**

heavensong1234: *i have tears in my eyes*

SirSmokeALottt: **not ONLY mental ok**

SirSmokeALottt: **but hey hounerst i di lost my soul**

heavensong1234: *"sharpest pencil in town"* 😊

Sunysmile: 🌹

ybrezee324: **Thank You Doug, Deb and all**

SirSmokeALottt: **shree..if i tell u have been awake for 12 days with no sleep or food.....WILL you hounerst beliv me??**

sweedreamz: **Thank you Doug and Deborah and all** 🌹

SirSmokeALottt: **good boy**

carmen-cameron: 😊

ybrezee324: 🌹

shree D: **don't know Sir, have no reason not to**

SirSmokeALottt: 😊

sweedreamz: **have you been tweaking sirmsokesalot?**

Happy Learner: **THANK YOU DOUG & DEBORAH for ALL YOU GIVE and Share**

heavensong1234: *tyvm!*

dagoo76: **tyvm**

SirSmokeALottt: **i dont tweak**

heavensong1234: *next reading is next sunday at 4?*

shree D: **yes Lee.... 4-6**

shree D: **every sunday**

heavensong1234: *k*

shree D: **God Bless!! mwaha!!**

dagoo76: **hi**