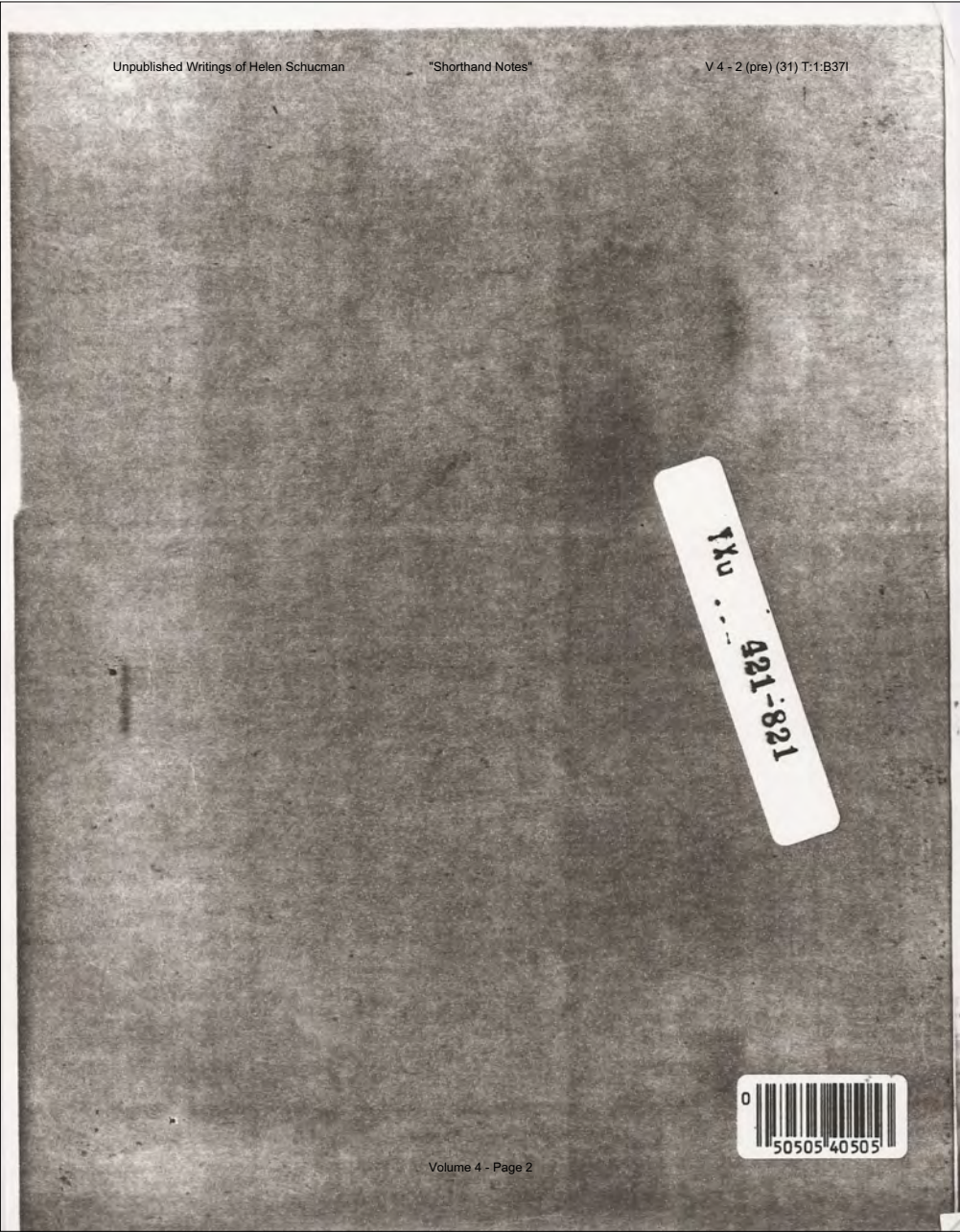
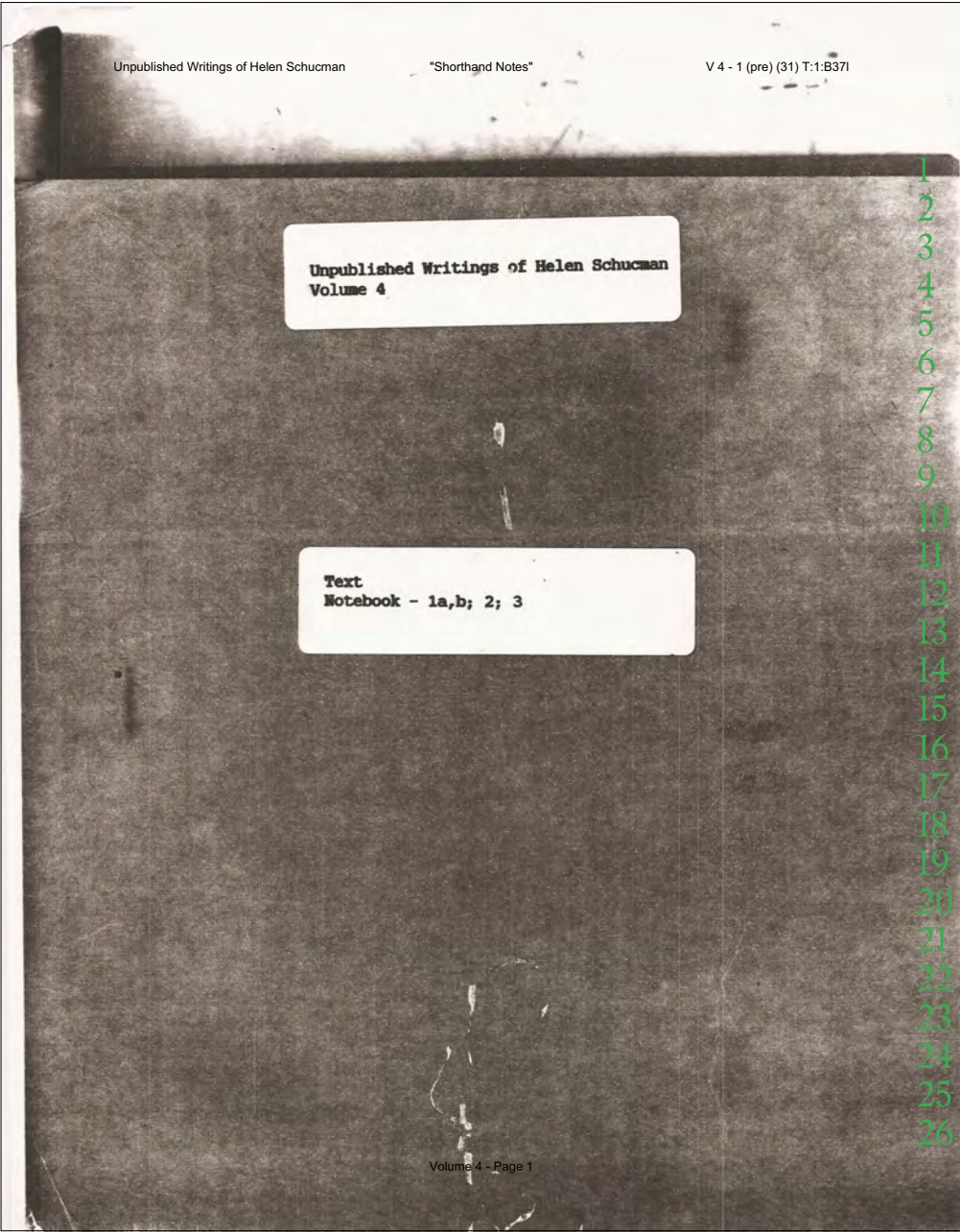
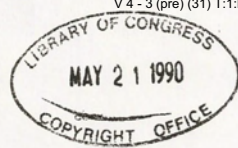




Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 3 (pre) (31) T:1:B371



Text 1a

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 4 (pre) (31) T:1:B371

10/19/65 check Ruth Cutler
Support Ann Gunders CDP - Date Jan
Bill Treguboff

I think I've got a lot of notes &
= Ruth names, etc. I know it's only a
personal, private (may be more a personal
involvement & interest due to interfr P
with me & Anne & a personal Y
knowing me & being a friend & I
don't meet // I know her &
also - idea of "the same" but
about the "spiritual" sense - we
more - a way of thinking, etc. //
while a girl - a girl - a girl
for explicit (ex: I called
Harold (ex: I know I can't hear
me) it may also be a denial P
my own strength! I feel, has
been missed //

I may even have suggested
a lot for missing it (too, Bill)
- believe now is if I don't
use anything of mine I won't

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 5 (pre) (31) T:1:B371

but anybody so I won't be
 but up & // - ok answer -
 perhaps won't get anywhere
 literally - well as to //
 (M) how, and where, may be, and
 distant (in) - right word.
 & - dist. & better - soul &
 body // (repres. a running
 wheel.
 I think under - per & all -
 stuff & hidden nostalgia for -
 soul // want it back so & I
 'identif' & & bra - & what
 or really & somehow & know it//
 I know - how - for - soul - body & mind
 & know how I'm writing - & know
 & a total of D. body by so
 (proprio) + its "destiny" & really
 a perspiration // & a result - soul
 could exist outside & - temple,
 heal it, & use (to construct
 & I still - & place -

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 6 (pre) (31) T:1:B371

soul & outside until - temple &
 ready // maybe that's I - "Soul
 for God" changing meant & I
 be - (child really be so ideal.
 dream: I & talking Bill -
 about P some sort of Band -
 I knew some people very well
 whom - needed help -
 something // Bill told me
 very gently, - perhaps I
 should be careful about
 contacting - becs. - be & me //
 I had been & teacher & I
 knew - & & a few.
 feeling protective about me -
 a teacher among my students
 & & a ^{little more} // felt my
 strongly about & // All I
 remember - I & concerned
 about & major, & means
 P identity. (later, I perhaps
 also & soul & that value //
 I & & P major, changes &

Volume 4 - Page 6

(be rather too much)
 Apper. - I map. n
 Scripted, I & M. passionate
 without P // ((I - now I &
 preparing to go Script p
 - Orchard mission)) I discussed
 on a that (bc.) interests
 abt a related 'psych. (as
 now constit. anyway) so I &
 cap // ((Bill - a mission))
 - a - I & know abt a
 I I & much & afraid P
 // I & said I shouldn't
 give a part
 Tell Bill (urgent) - it's odd
 that I couldn't remember -
 correct Quet "as much as r
 O. C. - last P - my
 childr/batter. " I put
 decided - quite publ. stopped &
 "-last P - " + I & nearly
 compared about an addit &
 I sticking a idea really
 // + I couldn't decide

what - a child as water, & I
 & told 'are c//
 C is odd - c apper
 couldn't dec (2nd) - I was 2
 - time //
 - Order: 'be sure
 know > important for
 both P us //
 Note: I am afraid P
 Cornell today / & some
 counsel: 7 re date
 - handling // If I can
 get my soul in place
 it -> be all right, though
 I & really quite clear -> All is
 now very unusual (I was 2' all
 - time) O & 3ap - so good
 clear - I & aware - wald. &
 Bill Faenfel: AL 4 - 8203

9/20/65 ~~SDP~~ Letter, Rose Cutler
 al. ~~Dee~~ John Winn's paper

I was glad & called, but even though my I don't think I was upset beyond a brief moment, I went briefly & very happily to sleep where I said "Daddy is waiting & I got a cat alone, can't you?" "No" no comp at all later Daddy & me, & I thought chances is she did need more time, I know you'll not abandon me.

So cat & waiting & love.

A rather surpr. happened while I was med. after call. I said just what I sugg: "I am quite distressed abt something" & prob. & error & percept. & some sort, & would please straighten me out."

So he said "dying & his."

c) be sure & understand what I mean.
 I got terribly frightened b/c I thought I must be dying, & I figured it's a bad way to go - just relax & enjoy it. So I just got psyched & very calm.

& it happened. I suddenly realized — & I'm terribly selfish, & I dec. — I really loved & very much & if I just died off it would be terribly shocked & I know might even be arrested, & after I had gone so far, & thought I was happy at home, & And Jonathan would never get over it, b/c, & I was really happy, & with & with & Chip (not small "c" & also Chip's remark — "train" — chips & "go" — I mean & Charles.

So I prayed — I could stay & long & I could help, & wouldn't it be wonderful!

I can only be all right then!

I was happy at → for a while, & → got frightened, & ~~clip~~ I thought Clip & → so I got up!

2- session I got onto Clip's father // & spoke P a while. Series P episodes & next mentioned but occurred after I mother went, & I clearly remember — I) ~~no~~ father & a bastard // & recounted — (I really awful) & no emotion at all, & I surprised' hear — & had never told me at → P, even though I was lying ^{or making} more — last P.) knowledge!

I said a prayer for W! & got P stumbling around badly, & I asked W why he

also wanted 'hang → 'what & also real & very intense. I hated, & insisted on hiding (for reasons P) over I was undoubtedly bad!!

I was quite surprised — how quickly I got idea — & during → part aside & whether I father had 'answer' for, I & a very different

Clip said & wanted' got rid P →, & meant it, too, after I said "Why don't — just release W" → bec. & don't need it." & Clip said, "he wants' let I father rest & peace & also find solace. P up W → & interfering.

Maybe I made a mistake by taking — "mental health"

Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 13 (pre) (31) T:1:B371

the best, espec. a view of my
 own dream, & I don't think
 so// - mistake may I been
 for me rate. — for clip.

dream: being very scared &
 tired & upset, I closed
 myself up & went sleep only
 & I did ask him 'pay what
 I needed myself out for a
 short pause

— All it occurred me —
 I had no right 'waste
 anything = money, clothes &
 my own life, bec. there's nothing
 has 'be used right// & all
 has a place & I love// & you
 must = throw gifts away//

life) a gift & rec. 'help &
 gain eternal life// O. major
 way he can help (now)

life since = & really I should

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 14 (pre) (31) T:1:B371

say I — & want 'live as
 long — & I say use 'him
 + — & — do just —//
 And only good — & P C
 'everybody = Amen//

So I decided 'die soon, I
 would — close// — & a
 decision I should make, bec. I
 may be a terrible waste
 I would 'I' answer for// But
 — I change prophecies if I
 change — mind, so maybe
 I should say 'I'd rate
 leave it up to him//

(Bill - I'm upset abt. —
 & I know it's right)

P.S. I keep forgetting - dream:
 — & Jonathan came — me
 evaluate my own therapy — Dr. K//
 After-session, — & I agreed —
 — work & going well & I am
 good enough, & perfect/limited

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 15 (pre) (31) T:1:B371

10/21/65 Armstrong Vol. 1
CDP John We paper

✓ Ask 1) wtsf - Bill's medal
✓ how someone → //
✓ Bill's list.

- calendar asked if I needed
music & I thought maybe I
would help me pay for Dave
so I started a march &
I thought "Come on Dave, join
us - I'll all working together"
→ I had a ballet, & I
thought, "Come on, Dave, God
has room for lighter moments,
too"

Dave, don't give up = I
a real mission = don't lose
chance = miracles I - natural
law.

& I asked Christ to help
Dave know the 2 → +
See U & know - truth so he

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 16 (pre) (31) T:1:B371

Could be free - "

"If I 7. 2 v tag a way
name = Dave, I must be -
I = I need you = life beats
not death - "

Maybe while Dave I sleeping
our unconscious minds saw
reach Christ & He → wrote
us a prayer = I do it,
Dave "

((Dave once stood in
Anne Gold's way & somehow
interf. &) progress// Gold
knew we must forgive U &
do everything we do to release
U// That's why Gold loved
Dave → right & has been
patient. devoted 'U// Gold)
afraid "let Dave die" bec.
he knows →)) Karin's death//

Dave) → posit. now
bec P what he did ' Anne
And they're both in prison//

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Dae - listen me now &
 let Christ help you - leave
 it to him & rest =
 Don't hurt Annie again
 by walking out on her //
 Annie needs a miracle to
 teach u - (brain) & -
 least a life of God is // He
 & love - if we are willing
 stay & teach him //
 Help save us all, Dae.
 Please cooperate
 You once denied - truth
 to Annie Gold - please release
 u & yourself now //
 You taught him wrong
 Dae, I remember how good
 & always u teaching -
 emotionally disturbed &
 teach u right now //
 Dear Dae, I shall love
 - spirit does not live in
 brain // Turn - statement -

right way, & know -
 Spirit I heal - brain which it
 made // @ - other way //
 Release - child - > true,
 Dae - please, for Christ's
 sake, Amen //
 Dae = remember little girl -
 she was marked even thought
 she & conceived by accident,
 a uterus that & supposed to
 be sterile because it & so
 damaged by fibroid tumors.
 said I had to be reversed //
 I & I still a temporary
 home for a perfect child,
 against all odds according
 human medicine //
 Please, Dae, don't identify
 u & brain. Know your own
 immortality, & break the
 prison for Annie Gold // Listen,
 please, Dae - I can destroy

your enemies by making -
friends //

You lost Annie but he
loves you // Thank God & I
help U now = I am owed
by U mission, & I pray I
can help Christ to help
you =

Dave = sooner or later
I → I settle this & I
save thousands of years right
now //

I must call - children
back =

Christ → give U the most
now, if I → take it, because
I reduced myself -
least // Take it for Him, I
wants 'give U all power in
Heaven & Earth //

Dave, help Christ to

Back & Spirit & don't
depend → U brain // Help
us, Dave, & hear Him ---

Dave, change your
identif. → 'Diamond' Pearl
P. Oat Price & claim your
right to forgiveness now.

Your spirit & mine can
unite & → 2 of us →
come tog, & Christ's name //
Jesus promised to be there,
Dave // Your brain does
not matter, if you will
understand life as Jesus
did,

When He said "Father
& Thy Hands I commend My
Spirit & a Repay" // Respect
= I death. Remember
I understand — b/c. C. I. Save
& know (now) // — Anxiety P

Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 21 (pre) (31) T:1:B371

His death did not hurt
 brain // Please, Dave = hear
 I say "I am - Resur. & - life, &
 whoever bel. in me shall not
perish

Dave, it means something
 — names & Diamond &
 Gold // Rememb' where your
 real treasures are // Gold
 has - whole N. I. watching
 you // But they all think
 life is brain // Help them
 Dave = < > a teacher

Reese - Abraham = patriarch

Dave, I still hear - call
 "Come forth" = lay down &
 a body dead; you're
 not.

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Unpublished Writings of Helen Schucman

"Shorthand Notes"

V 4 - 22 (pre) (31) T:1:B371

Nov. 13 Lucy Mend. Opera: Oct. 24 (Sun)
 Nov. 22 Oct. 29 (Fri) Nov. 13 (Sat)
 Oct. 30 Blatts

157 W. 123rd R.L. Sherriffe
 Apt. 7E

10/20/65 CDD - Father's Paper
 George's cases

~~I forgot to answer a letter
 to George's cases~~

I said He promised to
 come when he called on T
 Bill he asked to be rec. & then
 really tried to see it but
 was afraid I'd I - don't
 give a bit, & I really wouldn't
 call it my own. Is it all
 right if I see for W. since I
 want me to?

I can't answer when
 he asks about // when he asks
 right I have answered //

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He has a tendency to get
 part P → answer & decide
 himself when to disconnect.
 He should see if that's
 all // Since I don't know when
 he's going ring off I want
 to be very short & even cryptic.
 It claps message up too
 much.

There is also inter. > 3
 major areas:

① He doesn't have much real
 confidence — I will get — //
 He never ^{just} claims I rights / he
 should beg — much more
 confidence // I'll keep my
 promises / I'll be out — if really
 expect — too.

② → → → kind of error ^{related} // illustr.
 like this? about when? —
 going! call — keep? "It's
 not right" interfere just to check.
 It's selfish, but more —

it makes things too personal,
 I always implies doubt.

③ — he has less better concentration.
 His mind flits about too much
 for good communication. Suggest
 a very short phrase, like
 "Here I am, Lord" & don't
 think of anything else // Just
 pull in your mind slowly
 from everywhere else &
 concentrate it on those words.

This is also quite
 low — vibration — I really
 is here. That's not too low.

④ Tell him to be sure not
 to mistake your role. If he
 oversteers to or overvalues
 you as a person, both of —
 → be a danger //

⑤ He should try 'get' —
 can't (frustrating) may
 just mean down on strength //

He thinks it's time for some
 explan^s at 'u look ready for//
 7 always takes in speed-ups// - whole
 thing & under bec. things u getting
 behind sched. bec. so many people
 persistently lost more - gained

Stop

I'll tear it up if I want.
 No - maybe tomorrow// Now
 just write this:

Remember you're slip about -
 expect on N.I., & his asking
 when u going to call up.

Be Careful

Also, tell Bill about Jonathan's
 remark "I b-d all Secretaries
 & light - I d a little sleep
 if I get 'I mean." & again
 be very careful.

AM - crossed my mind last night
 — something & wrong had
 happened // I got mad bec I
 thought I shouldn't be asked
 ask for it, & I d a few &
 "exploit" — & u. change for me,
 & repres. → avoid talk. P.C.

I thought - whole thing
 & so dangerous — I had' tell
 & do it again. Briefly
 I crossed my mind (I d no
 exact impact & all I) always
 suspicious) — I might just resist
 asking for someone else because
 I prefer - "exclusive" idea

Pills?

Christ says I d tell something
 wrong whenever I get a
 "Snapper" answer // He wouldn't
 say "Tell u 'get d ones, list"
 that way // The tone I was

> meaning (I & R, clear to me
 that is correct. I & I is a been
 right since I asked & I you
 wanted so I could really be
 asking for you // This is except
 + except I - list, where I slipped,
 - asker should be respected //

< every right, in fact, I
 should ask me 'ask for you'
 > = a selfish gift + a
 real one (- upsets me, too) //
 It has to be used for other,
 + for you //

Ask Bill please 'help you get
 over being mean about it fast //

(Note: I - wouldn't I & serious
 doubts abt. anything // > holding
 anything up).

list - Joe Armstrong

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Non-Canonical pre-ACIM Editor's Notes

Introduction

The first page of what was to become ACIM was written by Helen Schucman on October 21, 1965. In the two days before that, she actually began “channeling” as can be seen in these pages, the first one of which is dated October 19.

Whether one considers this material “channeled” or her personal notes to herself, it lends insight into her thinking as she began the scribing of the Course.

We do not, unfortunately, have a transcript for this material, at this time.

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For more information concerning this document and the rest of the *Shorthand Notes* distribution from **Miracles Pathway Fellowship** please see the [Release Notes](#) and [Quick Start Guide](#) accompanying this distribution.